

STRONG MEN YARN ABOUT THEIR HEALTH
AND WELL-BEING



For men it is important to maintain good health to be fit and strong for their families. Yarning to your Doctor or Health Worker regularly can help manage your health and wellbeing. There is no shame in talking to someone or asking for help so be proud, be strong and be healthy. Talk to your Doctor or Health worker now and take control of your health and wellbeing.



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Indigenous Health Service — GCHSD

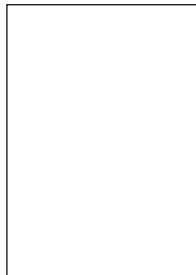
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KARULBO

ALL TOGETHER

"Strong + Deadly
Community Partnerships"



Krurungal - Aboriginal and Torres Strait Islander Corporation for Welfare, Resource and Housing

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